



Youth on Purpose



Information Packet

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Table of Contents

Expressions of Gratitude	3
Mission Statement	4
Message from the Board	5
Youth on Purpose Program Goals	6
Philosophy of Youth On Purpose	7
Summer Program	8
Writings from Participants	9
Dramatic & Artistic Component	10
History & Who are the Youth?	11
Staffing Profile	12
Contact Us & What's New?	13

Expressions of Gratitude

We express gratitude to parents who have taken a leap of faith
and trusted us with their youth.

Our deepest gratitude, we extend to the youth.

They came with a lot of resistance, some curiosity, with determination and
commitment.
Some came because they were compelled, some were sent, some even bribed.

Ultimately, each came to answer the question:

“Who Am I?”

They are an inspiration.
Together, we set out on this journey and jointly we continue.

Youth On Purpose USA is a 501(3C).

We gratefully receive donations in order to support youth whose circumstances
would otherwise prevent them from participating.



Mission Statement

Our purpose is to facilitate and bring clarity to, the process of ending separation. In so doing, we remember our innocence and our Source while recognizing it in others.

We live and demonstrate our commitment to this process to each other, to youth, parents, peers, and to our community at large.

The process consists of deep, full, and clear communication, extending and receiving Love, releasing blocks to self-expression, and the clearing of limiting beliefs.

We create living communities where the end of separation is experienced and demonstrated.

*"When a brother behaves insanely, you can heal him only by perceiving the sanity in him."
~A Course in Miracles*

Message from the Board

It is with heartfelt joy that the Board of Directors enthusiastically endorses the Youth on Purpose program. It is time to stop the madness that exists in our society today: anger, rage, greed, child abuse, abuse in many other forms, and children taking their own lives or the lives of others. Suicide is the second leading cause of death amongst young adults.

Many influences affect our children today, from violence as entertainment in the media, to peer pressure, even the erosion of the family unit as a safe and loving environment for growth. We cannot control these influences, but we can provide young adults with the tools to make healthy, powerful choices; choices that reflect their true purpose in life.

Youth on Purpose, above all else, is a program that provides these tools. It teaches our children free and fearless communication. It awakens their innate ability to align with their own power and to use this alignment to connect with their families, peers, and colleagues.

For those of us with children of our own, we will also learn to communicate openly, not just with our children, but with our partner and in our business environment. Particular attention is given to re-creating the connection and communication within the family unit and the elimination of the generation gap through the involvement of “elder mentoring”.

This program may very well be the most important project in our community today.

What greater gift can we give our children than to inspire, encourage and support them in discovering their unique gifts and purpose and the sheer joy, passion, and freedom to pursue them?

*“All healing is essentially the release from fear.”
~A Course in Miracles*

The Youth on Purpose Program Goals

By the end of the program, each youth will/have:

- ② Identified the limiting beliefs that attract the negative experiences which currently characterize their lives.
- ② Released many of these limiting beliefs and be committed to continuing that process.
- ② Learned techniques and acquired tools which enable them to engage in deep, full and fearless communication.
- ② Discovered their true passion and purpose for being on this earth and be on a path to incorporate this passion into their lives.
- ② Be on purpose, recognize when they are not, and have the tools to correct their course.
- ② Created healthy, loving relationships with their families, friends, colleagues, teachers, and their community at large.
- ② Identified and become aware of their addictive patterns, immersed themselves in the process to release these and be committed to continuing the process.
- ② The opportunity to continue with Youth on Purpose in a career as a peer counselor.

*“It is impossible to overestimate
your brother’s worth.”
~A Course in Miracles*

Philosophy of Youth On Purpose

Staff and youth enter into a joined purpose: peace of mind, positive and productive, loving relationships. The staff listens patiently, with love and profound curiosity to each youth and lets them formulate their own therapeutic curriculum: not the curriculum's goal but how they can best meet the challenge it sets for them. The staff is aware that, ultimately, the youth's process is their own.

A youth might, initially, be bitterly afraid, resistant, rebellious, and perhaps even outright hostile. What they believe will help can only harm them further. Drugs, violence, and crime of any kind are just some forms in which their belief in their guilt manifests itself. Each manifestation leads to increased isolation and separation and hence additional evidence, and justification, for their view of themselves and their place in society.

It is the automaticity of the cycle:

Core belief → perception → interpretation → action → results → evidence → reinforcement of their core beliefs, that Youth on Purpose staff is trained to question and correct.

It is in the moment that the staff does not judge the youth that healing begins to occur. It is in the freedom experienced by the youths, to discuss and jointly process any fear, explore any belief, without judgment that true release of the past comes about.

Essentially, all healing is release from the past and what the youth has made the past to represent. Having released the past, the youth no longer feels compelled to project the past onto the future.

Each graduating youth has incorporated the following principles into his/her automatic thinking:



I am responsible for the world I see.

I choose the feelings I experience.

I decide upon the goal I will achieve.

I am the author of my experience.

Summer Program

The nine day residential summer program is comprised of two components. The first portion consists of a “sharing circle”. For many youth, this is the first time that they experience actually being seen and heard without being judged. The youth may choose to sit in what is affectionately referred to as “the chair”, located at the front of the sharing circle. They then share what they are feeling and experiencing at that moment with their peers in the circle. This often leads to deep processing and release work. At no time is pressure exerted on the youth to share before they are ready to do so.

Sandy Levey-Lunden’s extraordinary talent for “pacing” the youth, and her remarkable gift for relentlessly pursuing a story, to the point where a core belief is uncovered, leads to dramatic results in a relatively short time. Of the utmost importance in this process is the development of trust between staff and youth. The youth, to their amazement, learn that our staff has no judgment on whatever they hear and it is this absence of judgment that provides an atmosphere of safety and trust rarely experienced in any other setting.

The intensity of the sharing of experiences often leads to extraordinary breakthroughs. Often, simply learning that they are not alone in what they believe to be true has a dramatically freeing effect. The staff is at all times prepared to engage a youth in a private, one-on-one session, for deeper processing.

In all, the daily sharing experience during the nine day retreat lays a very profound groundwork for the year long program. Youth who enter the program later in the year and who have not experienced the summer retreat, may initially experience a sense of “being behind”. This apprehension is quickly alleviated when they enjoy the benefit of being welcomed by the youth who have been in the program longer and who are eager, and qualified to assume the role of peer mentors. The more experienced youth provide startlingly effective demonstrations of honest and fearless communication.

*"I commit to staying present.
I want to end up clear with myself."*

*"I am now ready to go out into the world
and help others."*

"I feel better than I ever felt before."

*"From now on, when something is bothering me,
I will figure out what the root of it is, then clear it."*

"I learned how to clear my anger, sadness, and guilt with my family, friends, and myself."



Flight

*amazing, it is.
Don't you ever have the urge
to just fly away?
There is such freedom,
nothing holding you back
Freedom
to go
anywhere, to do
anything
you choose.
Isn't it interesting,
when you're flying
it is only
you,
you
choosing for
yourself,
what to do.
Nothing is in the way,
it's so fascinating,
flight.*

Bruce Meikle

Dramatic and Artistic Component

To balance the intensity of the sharing circle and to uncover additional channels for free, open communication, the youth each day are enthusiastically engaged in a process of dramatic expression. Each youth plays a role in the creation of a theatrical piece performed as a grand finale to the summer camp.

There are those that sing, dance, or act. There are others who design backdrops, sets, or even write plays. Not one youth is left out, not one youth feels inadequate. Youth who would not set foot in a drama class at school amaze themselves with the depth of their involvement.

The purpose of this component is to bring out aspects of each youth not otherwise explored. Through completely releasing inhibitions to outrageous expression, the youth experience a freedom and a sense of joining rarely, if ever, felt in their daily life.

The culmination of this self-directed and self-produced drama is the performance before an audience comprised of parents, siblings, significant others and On Purpose Community partners at large. Each and every one of the members on the audience will be, as they say, “blown away.”

The sheer joy, contagious enthusiasm and explosion of talent witnessed by all is truly unforgettable.

A video of the 2000 performance is available upon request.



*"The holiest of all the spots on earth is where an ancient hatred has become a present love."
~A Course in Miracles*

History of Youth On Purpose:

Youth On Purpose began in 1996 as the “*Fri Sikt*” Project, meaning “clear view” or “open view” in Swedish. Specifically, Sandy Levey-Lunden while teaching one of her sixteen classes in Sweden, had a person in the class raise their hand and say that they had read in the newspaper that a father was suing his son for his total investment in time, energy, and money because he would not get out of bed for two weeks. The son stated that his reason for this behavior was that he had no reason to live and no motivation for life, and had no where to go in the future. Sandy at that point felt like she could make a difference in this boy’s life and any other youth’s life that felt they had no purpose in living also. In 1998 the poignant movie of this two year long project called “*The Difference*,” won second place as the best documentary in Sweden and also went to the Cannes Film Festival that year. The movie can be viewed on the YouthOnPurpose.org website as well as YouTube™. In Vancouver, Canada the project called Youth On Purpose continued for five years operated successfully by the Youth On Purpose Society of Canada. For two years the project ran in Halifax, Nova Scotia simultaneously as Youth On Purpose Atlantic. Sandy Levey-Lunden in 2007 main teacher and founder of the youth project was teaching a class called the Power of Clearing: Certification Course to train coaches in her method, and this class wanted to bring the Youth On Purpose program inside the United States for the first time, specifically to the western Washington region. Youth on Purpose, USA is a new 501(3C) waiting final approval from the federal government but has approved from the state of Washington to be a 501(3C).

Who are the Youth and where do they come from?

The youth come from a wide range of socioeconomic backgrounds. Some are straight-A students with a desire to improve their relationship with their parents. Others may be considered at risk youth with a challenged family background and are troubled by difficult circumstances in their lives. We have a melting pot of youths at Youth On Purpose who all come to work together and experience a true family, joining in a bond of a higher purpose.



*“Patience is natural
to those who trust.”
~A Course in Miracles*



Staff Profile

Founder and Lead Teacher – Sandy Levey-Lunden

Sandy Levey-Lunden is a sought-after international workshop leader, speaker, and consultant. Sandy has influenced over 30,000 people in transforming their lives. She assists people in going for their dreams, living on purpose, and leading from their own inner power.



Sandy is committed to doing whatever she can to assist as many people as possible in unleashing their joy and passion, discovering their purpose, and experiencing true fulfillment.

In pursuit of this, Sandy received a Bachelor's degree in psychology and a Master's degree in Special Education. She was awarded the Beverly Hills Teacher of the Year Award.

Sandy has changed the lives of thousands of people in workshops in Australia, Denmark, Germany, Sweden, United Kingdom, Canada, and the United States. Her method of helping people communicate at the deepest level, called "the Clearing" is taught not only by Sandy, but many of her students have become teachers in their own right. She considers herself a conduit or interpreter between where people are and their true potential.

Other Staff – Past and Present:

USA – Krista Voigt, Jack Bernard, Ria Bordian, Valerie Shahan, Darshan Zenith, Jackie Jacobson, Dale Jacobson, Kena Brashear, Dylan Brashear, Janice Edin, Emery Krahn, Steve Bochinski, Tamara Olson, Light Miller, Bryan Miller, Martin Dahlberg, Gene Tagaban, Dr. Jack Shupe, Linda Johnson.

Vancouver, CA – Miriam Evers, Elaine Clark, Arlene Ryan, Richard Zverina, Michael Fischer, Tatania Fischer, Shira Moir-Smith, Michael Bean, Jonathan Bean, Jenny Spencer, Diderik Wolsak, Christie Dakin.

Nova Scotia, CA – Denise Leppard, Theresa Thomas.

England – Rob Wills, John Reynard, Sue Reynard, Antoinette Scott.

Sweden – Ian Barhydt, Lena Kristina Tuulse, Tomas Tuulse, Carlos Mosqueda, Ingrid Wigh, Anita Mastling, Maria Sloth, Patricia Fischer, Ken Lentonsson, Rene Lentonsson, Goran Ziethen, Ragnhild Sall, Alexandra Sjogren.

Contact Us

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What's New:

Youth On Purpose is currently gearing up for its Inaugural Youth On Purpose, USA summer camp. This is the first time Youth On Purpose has been brought inside the United States and watching the project unfold inside the United States is very exciting. Here are some important upcoming dates:

August 10 - 12, 2008. *The Difference* will be shown at the following times this upcoming week, with a panel discussion following the viewing. The dates are as follows:

~ Sunday, August 10th 2008 at 11:00am-12:30pm at The Pickford in Bellingham, WA.

~ Monday, August 11th 2008 at 7:30-9:00pm, at Vashon Allied Arts in Vashon Island, WA.

~ Tuesday, August 12th 2008 at 7:30-9:00pm at BAAY located in Bellingham, WA.

August 24 – September 1, 2008. *Youth On Purpose, USA @ Camp Lutherwood.*

